



BTEC Sport

Why study this course?

- If you want to gain a deeper understanding of how the body functions and the effects of exercise
- If you want to understand how to improve health and fitness
- If you want to pursue a career in the sports industry
- If you would like to study a sport related course that does not require high level practical performance

What can expect to study?

Throughout the two years, you will learn:

- Anatomy and physiology
- Fitness training and programming for health, sport, and well-being
- Professional development in the sports Industry
- Application of fitness testing

How am I assessed?

- 65% examination – sat upon completion of studied units
- 35% coursework

What do I need?

- At least a grade 4 in 5 GCSE's including 5 in English and Maths

What about the future?

- Students can apply to university or a higher education institution from the UCAS points obtained through studying this course
- Many students who study this course go on to careers such as sports coach, personal trainer, leisure centre manager, and PE teacher