



BTEC Level 3 National Extended Certificate in Sport (Pearson)

Why study this course?

- If you want to gain a deeper understanding of how the body functions and the effects of exercise
- If you want to understand how to improve health and fitness
- If you want to pursue a career in the sports industry
- If you would like to study a sport related course that does not require high level practical performance

What can expect to study?

Throughout the two years, you will learn:

- Anatomy and physiology
- Fitness training and programming for health, sport, and well-being
- Professional development in the sports Industry
- Application of fitness testing

How am I assessed?

- 65% examination – sat upon completion of studied units
- 35% coursework

What do I need?

- At least a grade 4 in 5 GCSE's including 5 in English and Maths

What about the future?

- Students can apply to university or a higher education institution from the UCAS points obtained through studying this course
- Many students who study this course go on to careers such as sports coach, personal trainer, leisure centre manager, and PE teacher

If you have any questions, please contact Mr Dyer (Head of PE) by email;
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