



**SOUTH NOTTINGHAMSHIRE  
ACADEMY AND SIXTH FORM**

## **Student Revision Guidance**

**November Mock Exams:**

**Monday 8<sup>th</sup> November – Friday 19<sup>th</sup> November 2021**

### What can you do before you start revision?

- Plan your time by creating a weekly revision timetable which includes all of your subjects – failure to prepare is preparing to fail!
- Make sure you plan regular breaks in your revision timetable so you are more focused during revision time
- Check your revision checklists carefully and plan to revise the content listed on these
- Find a place where you can work effectively at home and without distraction
- Make sure you have the resources to revise: flashcards, coloured pens, paper, textbooks

### What can you do during revision?

- Make colourful revision resources like we have covered in our tutor time revision sessions: mind maps, flashcards, revision clocks, etc. to aid memory
- Consolidate key information to ensure that you can recall it easier in your mock exams
- Practice retrieval and recall – revise content again and again or try spaced repetition where you increase the amount of time between looking at revision resources so that you are more likely to recall and remember information in your mock exams
- Avoid distractions – turn off your phone/T.V./Gaming console
- Maintain a healthy and balanced lifestyle – make sure you are getting enough sleep, eating a healthy diet and having time to socialise and take part in activities you like to do
- Balance your workload – talk to somebody if you need to: parent/carer, form tutor, Head of House, inclusion, teachers, friends, charities – Everybody is here for you.



### What can you do during the mock assessment period?

- Ask for help if you need it
- Make sure you are prepared and you have all the equipment you need – calculator, ruler, pens, pencils, etc.
- On the day of your exam – have breakfast and try to stay calm, you can only do your best!

**Good luck!**

If you need any further help preparing for your assessments, see Miss Mees in 204!