

## Safeguarding Information:

At SNA we understand there will be parents/carers and students who may need some additional support or advice at this time and would usually have contacted school for guidance. Therefore, please find below a list of support services available to you if you have any concerns.

Your first option during school hours should be to call school and ask to speak to a safeguarding officer. If this is not possible or the school is closed, then please email the most appropriate member of staff listed below. This is likely to be your child's HOH or a safeguarding officer. Please note, these members of staff will be able to respond to emails during normal school hours. If you do email please copy at least two people into the email to ensure that this is picked up.

**School hours are: 8.00am-4.00pm every weekday**

**Tel: 0115 9110091**

### The Safeguarding Team

**Safeguarding Lead:** Mrs Lucas: [c.lucas@snacademy.org.uk](mailto:c.lucas@snacademy.org.uk)

### Deputy Safeguarding leads:

**Mr Siviter:** [m.siviter@snacademy.org.uk](mailto:m.siviter@snacademy.org.uk)

**Ms Proctor:** [s.proctor@snacademy.org.uk](mailto:s.proctor@snacademy.org.uk)

**Mrs Barton:** [b.barton@snacademy.org.uk](mailto:b.barton@snacademy.org.uk)

**Miss Martin:** [c.martin@snacademy.org.uk](mailto:c.martin@snacademy.org.uk)

### Head of House Team:

**Aquitaine:** **Mr Lowman:** [s.lowman@snacademy.org.uk](mailto:s.lowman@snacademy.org.uk)

**Maine:** **Mrs Hawksworth** [e.hawksworth@snacademy.org.uk](mailto:e.hawksworth@snacademy.org.uk)

**Ms Proctor** [s.proctor@snacademy.org.uk](mailto:s.proctor@snacademy.org.uk)

**Rollo:** **Mr Leaman:** [g.leaman@snacademy.org.uk](mailto:g.leaman@snacademy.org.uk)

# Urgent Concerns

## THOSE AT IMMEDIATE RISK

### Nottinghamshire Multi-agency Safeguarding Hub (MASH)

If you have urgent concerns for a child, or suspect that a child has been abused in any way, you can also report a safeguarding concern to Nottinghamshire Multi-agency Safeguarding Hub by calling 0300 500 80 80 (if you are a member of the public).

If you require an urgent response outside of working hours (08:30-17:00), contact the Emergency Duty Team

(EDT) on 0300 456 4546. In an emergency call 999.

<https://www.nottinghamshire.gov.uk/care/safeguarding/childrens-mash>

## FOR THOSE NOT AT IMMEDIATE RISK, BUT REQUIRE SUPPORT

### Early Help Unit

The Family Service provides early help support for children & young people aged 5 to 18. Some examples of areas of support are listed below. The service will provide advice, information and will signpost you and your family to other sources of support and guidance.

Crime prevention via Youth Offending Teams

Supporting Families

Homelessness

Substance misuse

Defiant behaviour issues at home or school

Emotional health difficulties that do not meet CAMHS criteria

Support with finding work, training or re-entering education




Young Carers

Telephone: 0115 804 12 48

Email: [early.help@nottsc.gov.uk](mailto:early.help@nottsc.gov.uk)

Opening Hours: Monday to Friday 09.00am to 4.30pm

## Further Support Contact Information:

	<p>Telephone: 0800 1111</p> <p>Website: <a href="http://www.childline.org.uk">www.childline.org.uk</a></p>
	<p>Website: <a href="http://www.samaritans.org.uk">www.samaritans.org.uk</a></p>
 <p>online counselling service</p>	<p>Website: <a href="http://www.kooth.com">www.kooth.com</a></p>
 <p>PAPYRUS PREVENTION OF YOUNG SUICIDE</p>	<p>Telephone: 0800 068 4141</p> <p>Website: <a href="http://www.papyrus-uk.org">www.papyrus-uk.org</a></p> <p>Email: <a href="mailto:pat@papyrus-uk.org">pat@papyrus-uk.org</a></p>
 <p>NHS support site for emotional wellbeing</p>	<p>Telephone: 07507 329952</p> <p>Website: <a href="http://www.healthforteens.co.uk">www.healthforteens.co.uk</a></p>
<p><b>Own GP</b></p>	<p>Radcliffe - 0115 933 2948</p> <p>Cotgrave - 0115 896 9991</p> <p>Bingham - 0115 896 9991</p>
<p><b>CAMHS Crisis Team</b></p>	<p>Work hours - 0115 844 0560</p> <p>6pm-10pm - 0115 969 1300</p> <p>(ask for CAMHS crisis team)</p>
 <p><b>Head2Head</b></p> <p>Drug and Alcohol support (via CAMHS)</p>	<p>0115 956 0842</p> <p>Website: <a href="http://www.nottinghamshirehealthcare.nhs.uk/camhs-head-2-head-team">http://www.nottinghamshirehealthcare.nhs.uk/camhs-head-2-head-team</a></p> <p>Email: <a href="mailto:CAMHS.H2HTeam@nottshc.nhs.uk">CAMHS.H2HTeam@nottshc.nhs.uk</a></p>
<p><b>WAM service</b></p> <p>Provide 1-1 support to children and young people affected by somebody else's mental health and/or substance use</p>	<p>Call: 0115 9691300 ext 16499</p> <p>Email: <a href="mailto:wam.team@nottshc.nhs.uk">wam.team@nottshc.nhs.uk</a></p> <p><a href="https://www.nottinghamshirehealthcare.nhs.uk/what-about-me-wam-service-">https://www.nottinghamshirehealthcare.nhs.uk/what-about-me-wam-service-</a></p>



**COUNSELLING AND SUPPORT  
FOR YOUNG PEOPLE**

CASY provides a confidential counselling service to young people aged from 6 to 25 within Nottinghamshire and Lincolnshire.

Telephone: CASY 01636 704 620

Website: <http://www.casy.org.uk/>

CASY  
23 Millgate  
Newark  
NG24 4TR



Offer support and help to those who are grieving, following the death of someone close

Telephone: 0115 9244404

Email: [nottinghamshire@cruse.org.uk](mailto:nottinghamshire@cruse.org.uk)

Website: [nottinghamshirecruse.org.uk](http://nottinghamshirecruse.org.uk)

Room 36  
Lenton Business Centre  
Nottingham  
NG7 2BY



**ChangeGrowLive**

Provide help and support to adults, children, young people and families. Services cover a wide variety of areas including health and wellbeing, substance use, mental health, criminal justice, domestic abuse and homelessness.

<https://www.changegrowlive.org/>



Small Steps is a service providing early support and evidence-based interventions to families of children and young people displaying behaviours that cause concern or challenge. Support will be available where there is no formal diagnosis of ASD or ADHD, but where behaviours may be indicative or characteristic of these conditions and also for families of children and young people diagnosed with ASD and/or ADHD.

Telephone: 01623 672 152

Information and Support Line: 07966 528 940

E-mail: [not-tr.small.steps@nhs.net](mailto:not-tr.small.steps@nhs.net)

Website: <https://www.nottshelpyourself.org.uk/kb5/nottinghamshire/directory/service.page?id=MXWZStIJ1cc&newdirectorychannel=0>

**Healthy Families Team**

NHS

To contact your Healthy Family Team in Rushcliffe please ring the following numbers between 9am - 5pm Monday to Friday:

0115 883 7368 appointments only

0115 883 7361 advice only



Self-help resources for emotional problems

Website: <https://www.moodjuice.scot.nhs.uk/>

# YOUNG Mi MINDS

Website: [www.youngminds.org.uk](http://www.youngminds.org.uk)

Call the Parents Helpline: 0808 802 5544 (Monday to Friday 9.30am – 4pm, free for mobiles and landlines)

If you need urgent help text YM to 85258

## selfharm<sup>UK</sup>

SelfharmUK is a project dedicated to supporting young people impacted by self-harm

<https://www.selfharm.co.uk/>



Website: <https://www.mind.org.uk/>

Email: [contact@mind.org.uk](mailto:contact@mind.org.uk)

Telephone: 020 8519 2122



Support and advice on Self-harm

Website: [www.harmless.org.uk](http://www.harmless.org.uk)

Email: [info@harmless.org.uk](mailto:info@harmless.org.uk)

### GetSelfHelp

Provides CBT self-help and therapy resources, including worksheets and information sheets.

Website: <https://www.getselfhelp.co.uk/>



Counselling service for young people (aged 12-25)

Telephone: 0115 9525040

Website: [www.base51.org.uk](http://www.base51.org.uk)

Email: [counselling@base51.org.uk](mailto:counselling@base51.org.uk)

Drop in sessions Tuesdays, Wednesday and Thursdays 4-6pm



National Domestic Violence Freephone: 0808 2000247  
Nottingham Women's Aid Advice Centre: 0808 8000 340  
Parentline Plus: 0808 200 2222  
Nottingham Rape Crisis Centre: 0115 941 0440  
The Sexual Abuse Project: 0115 958 8859



[www.youngstonewall.org.uk](http://www.youngstonewall.org.uk)  
The UK charity for gay, lesbian, bisexual and transgender people and their allies. They offer information, advice.  
Phone 08000 50 20 20



[www.mermaidsuk.org.uk](http://www.mermaidsuk.org.uk)  
Support for trans and gender diverse children and their parents 0808 801 0400. Helpline Open Monday to Friday



[www.beateatingdisorders.org.uk](http://www.beateatingdisorders.org.uk)  
The UK's eating disorder charity. They have online support groups and a helpline for anyone under 18. Phone 0345 634 7650 (4pm – 10pm)